

December 2024

Sun	1st	First Sunday of Advent
Fri	6th	St Nicholas
Sat	7th	St Ambrose
Sun	8th	2nd of Advent
Mon	9th	Immaculate Conception
Sat	14th	St John of the Cross
Sun	15th	3rd Sunday of Advent
Tue	17th	First of the eight Vespers "O Antiphons"
Sun	22nd	4th Sunday of Advent
Wed	25th	Christmas Day
Thu	26th	St Stephen
Fri	27th	St John Evangelist
Sat	28th	Holy Innocents

WEEKEND MASSES

Saturday	Affane	7pm	Vigil
Sunday:	Modeligo:	10. am	
	Cappoquin	11.30 am.	

No Mass on Saturdays or Monday

First Friday 10 am Cappoquin

SACRAMENT OF PENANCE

SACRAMENT OF THE SICK: on request.

Baptism times

Affane	6.15 pm	Saturday
Modeligo	10.45 am	Sunday
Cappoquin	12.15 pm	Sunday

Parish Office Opening Times

Tuesdays 10.15am—1.15 pm

Thursdays 10.15am—1.15 pm

Office Tel No. 058 52619

EMAIL cappoffice@yahoo.ie

WEBSITE

www.cappoquin.net

We also have a variety of items for sale including Mass cards, candles & other items. please call in.

Child Protection DPs

Bríd O Shea

Breda Cunningham

Fiona Parker

CONTACT NUMBERS

Very Rev Fr Martin Keogh PP	058 54216
St Vincent de Paul	0871639108
Samaritans	051 872114
Samaritans :	www.samaritans.ie
Cura	051 876452
Alcoholics Anonymous	051 37317
Gardai Cappoquin	058 54244
Health Centre	058 54406
Bunscoil Gleann Sídhéain	058 54015

Please inform priest if family member or neighbour is ill.

Cappoquin, Affane & Modeligo Newsletter December 2024

A Very Happy and Holy Christmas to every one and all the best for next year's **Holy Year!**
It will be good!



Let us pray: that this Jubilee strengthens us in our Faith, helping us to recognise the Risen Christ in the midst of our lives, transforming us into pilgrims of Christian hope.

Time to prepare for Christmas. The Advent Wreath is a traditional practice which found its way to us. The Church wreath is blessed on the First Sunday or on the evening before the First Sunday. It is usually made of a circle of evergreen branches. Three candles will be purple and the fourth is pink. these candles represent the four weeks of Advent. The pink candle is lit on the third Sunday "Gaudete". The people who walked in darkness have seen a great light... a light has shone. Jesus warns of terrifying signs to come. We hope that we may not be among the people who "will die of fright in anticipation of what is coming upon the world" Our hearts are strengthened by the Lord Jesus, who is our Justice. All our vigilance is an eagerness to "be blameless in holiness before our God" whose paths are kindness and constancy. When I was young our class used to say the 4,000 Hail Marys or the Prayer "Hail and blessed be the hour and moment on which the Son of God was born of the Most Pure Virgin Mary at midnight in Bethlehem in piercing cold. In that hour vouchsafe o my God to hear my prayer and grant my desire through the merits of my Saviour Jesus Christ and his Blessed Mother. Amen." And we said it 15 times. a day. I'm bad at counting!

Sunday 1st. To you O Lord, I lift my soul! Jesus warns of terrifying things to come. In the Gospel we get Jesus foretelling the end. we have to try and be blameless before him – "rise above the anxieties so as to remain in peaceful certainty before "the Son of Man"" Advent is the time the Church teaches us about the shadow of death and lets us see life in the light of our immortality.

Tues 3rd St Francis Xavier SJ He brought the Good News to Goa, India, Sri Lanka, Malaysia and Japan. Died in 1552.

3rd St John Damascene (died 749) was one the last of the Great Jesuit Fathers of the Church he was a missionary to Asia.

6th St Nicholas First Friday. He was one of the Bishops who proclaimed at Nicaea that Jesus is consubstantial with the Father.

7th St Ambrose Preached, wrote, composed hymns that are still used today. He was only a catechumen when appointed bishop of Milan but was installed Bishop on December 7th. He threw himself into the job, becoming a pastoral doctor. He died in 397.

8th 2nd Sunday in Advent. O People of Sion, the Lord will come to save us. He will make the glory of his voice heard the joy of your heart! John is telling the people to be ready, He is coming!

9th The Immaculate Conception She is our model of holiness. God was the joy of her soul, clothed with a robe of salvation and wrapped in a mantle of justice – Immaculate Mary pray for us!

10th Our Lady of Loretto of the Incarnation

12th Our Lady of Guadalupe. Bearing roses in December as a sign, Our Lady brings to all the humble the Advent message of hope, arise, winter is over and gone, the Spring of new life comes to your land.

14th St John of the Cross Carmelite. Great commentary on the Song of Songs. Co-founder with St Teresa of Avila of disalced Carmelites. “We will be judged on love” He said. he died in 1591..

15th 3rd Sunday of Advent Rejoice in the Lord always! The Lord is ever near! Cry out with joy and gladness for among you is the Great and Holy One of Israel. Be strong and do not fear. Our God will come and he will save us! O hope of all people, everyone who waits for you shall not be disappointed!

From Tuesday we have the great antiphons at Vespers just before the Magnificat

O Wisdom coming from the mouth of the Most High ordering all things reaching from end to end

O Adonai, leader of the House of Israel, come and redeem us with outstretched arms....

O Root of Jesse, Come to deliver us, tarry not!

O Key of David, who open and none can shut, who shut and none can open, come and lead to freedom the prisoner

O Rising Dawn, splendour of eternal Light and sun of Justice come, and illuminate those who sit in darkness and shadow of death

O King of the nations and their desire, the Cornerstone who binds two into one, come and save who you fashioned from clay

O Emmanuel, our king and lawgiver, the hope of all nations, come and save us

O Radiant Dawn, splendour of eternal light, sun of justice, come and shine on those who dwell in darkness and in the shadow of death.

22nd 4th Sunday of Advent . Mary goes to visit Elizabeth. “Let us imitate Mary, visit one another in Charity, for under even a simple civility great mysteries may be hidden! Grace will grow where it is known by humility and by exercise of holy friendship .”

24th Christmas Eve. May God, who by the Incarnation brought by the earthly and heavenly realm, fill you with the gift of his peace and favour and make you sharers with the Church in heaven.

Don't forget the Holy Innocents, St John the Beloved and Holy Family Sunday.

PENANCE SERVICES FOR CHRISTMAS

AFFANE

Saturday, 21st December, after Mass-

MODELIGO

Sunday, 22nd December, after Mass

CAPPOQUIN

Sunday, 22nd December, after Mass

Christmas Mass times will be posted later.

Please pray for:

Michael Coleman, Melleray Hill.

Geoff Gambon, River Glen, Cappoquin

For them we humbly pray, perfect them in your love

May we share Eternal Day with them in heaven above

May they rest in peace Amen