

# FEBRUARY 2026

Sun	1st	4th In Ordinary Time and St Brigid's Day
Mon	2nd	Presentation of Jesus
Tue	3rd	St Blaise
Thurs	5th	St Agatha
Fri	6th	St Juan Diego & comp
Sun	8th	Mt 5 1—16 Let your light shine!
Tues	10th	St Scholastica (Benedict)'
Wed	11th	Our Lady of Lourdes St Gobnait (Kilgobinet)
Sat	14th	SS Cyril and Methodius
Sun	15th	Jesus tells his disciples he came to fulfil the prophecy. Only in his Word will we be saved.
Wed	18th	Ash Wednesday. During Lent, let us seek wisdom of heart taught by self sacrifice so that, dead to sin, we may rise to new life in Christ.
Sat	21st	St Peter Damien. Benedictine monk
Mon	28th	Simon & Jude, Apostles

## CONTACT NUMBERS

Very Rev Fr Martin Keogh	PP 058 54216
St Vincent de Paul	0871639108
Samaritans	051 872114
Cura	051 876452
Alcoholics Anonymous	051 37317
Gardai Cappoquin	58 54244
Health Centre	058 54406
Bunscoil Gleann Sídeháin	058 54015Scoil
Mhuire Modeligo	058 68149

## Parish Office opening times

**Tuesdays 10.15am—1.15 pm**

**Thursdays 10.15am—1.15 pm**

**Office Tel No. 058 52619**

Email [cappoffice@yahoo.ie](mailto:cappoffice@yahoo.ie)

Website [www.cappoquin.net](http://www.cappoquin.net)

We also have a variety of items for  
sale including Mass cards, candles  
& other items.

**Please call in.**

## Weekend Masses

**Saturday Affane 7 pm Vigil**

**Sunday Modeligo 10.00 am  
Cappoquin 11.30 am**

**No morning Mass on Mon. or Sat  
First Friday 10 am Cappoquin**

**SACRAMENT OF PENANCE and  
SACRAMENT OF THE SICK : On request**

## BAPTISMS:

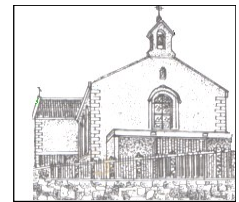
**AFFANE 6.15pm Saturdays**  
**MODELIGO 10.45 Sundays**  
**CAPPOQUIN 12.15 Sundays**

## Child Protection DP

**Breda Cunningham**

# Cappoquin, Modeligo & Affane,

## Newsletter, February 2026



## Happy New Year

*Let us pray—that that children suffering from incurable disease  
receive the necessary medical care and support, never losing strength  
and hope.*

“Let us pray for all who study, preach, and teach the Word of God  
especially far from home—strengthen them in faith and joy that they  
may be a living sign of the Gospel.”

**1st 4th Sunday in Ordinary Time.** We have the Beatitudes! Won't we  
be rewarded in heaven! Forty days old and yet begotten before time  
began. And the hard things Anna had to tell Mary!!

**I must remind you of St Brigid's Feast also on February 1st**  
Don't forget to put out her cross.

**2nd Presentation of the Lord.** Mary wasn't only to be Mother of a  
King, but also to be Mother of a Man of Sorrows. The prophecy of  
Simeon made real for her what she had often heard “he was despised  
and rejected by men; a man of sorrows and acquainted with grief ; as  
one from whom men hide their faces he was despised, and we  
esteemed him not” (Is 53:3). “Our bodies and our souls are temples  
now for him, for we are born of grace—God lights our souls within.  
O light of all the earth! We light our lives with Thee; the chains of  
darkness gone, all sons of God are free.

**3rd St Blaise** He was a Bishop of Armenia said to have suffered  
martyrdom in the fourth century.. He was implored in times of plague.  
He cured a boy who had almost choked with a fish bone.

**5th St Agatha.** Reputed to have endured a torture of very hot coals  
she is invoked against damage by fire and against breast cancer .

**8th 5th Sunday in Ordinary Time.** In case you're forgetting "You are the salt of the earth... and the light of the world. Let it shine .

**7th Sat.** Do good works all the days of your life, never follow ways that are not right! For if you act in " You are salt of the earth! and the light of the world ..Let your light shine before others that they may see your good works and give glory to your Father in heaven.

**10th Tues St Scholastica.** Sister of St Dominic.

**11th Our Lady of Lourdes.** O rosy dawn! That dost proclaim salvation's happy day, to thee, O Virgin 'midnight's shades thy people humbly pray. The torrent, that engulfs all those within its whirlpool drawn, rests calm as o'er its softened wave the ark of God is borne.

You are the tree of life: Make strong the branches which have been weakened by the storms of daily life

Your Spirit is the living water flowing from your side— Deepen the roots of those who have grown restless for more abundant life

Your Church is the orchard fed and pruned by your love—may all who seek peace find rest in its shade R/

**17th St Fintan.**

**Ash Wednesday 18th February.** "Once more the solemn season calls, a holy fast to keep: And now within the temple walls let priest and people weep. But vain all outward sign of grief, and vain the form of prayer, unless the heart implore relief and penitence be there!. We begin Lent reminded of our mortality and begging for the blessing of forgiveness. If we return to God with our whole heart he will not cast us out of his Presence. When we pray "Create for me o God a pure heart", the Father who sees in secret, will bestow the "joy of salvation."

Joel was calling that time for prayer to God "Rend your hearts not your garments".

Here's a nice prayer "O God, who planted a garden in Eden, You have planted your Church beside the stream of living water flowing from the side of Christ crucified. Pour out upon the temptation of Jesus the Spirit of your wisdom so that we may choose to die to self in order to live in Christ."

We heed the Lord's voice and hold fast to him by keeping the commandments. (Pope Benedict XVI)

**18th Ash Wednesday.** Give up yer aul sins! Lent is a time to reconsider our positions! Convertere means "turn around". Stop in your tracks and ask 'is this going to lead me to where I want to be forever? The Kingdom of heaven is all around us.

**22nd February 1st Sunday of Lent.** Pope Benedict called the temptation of Jesus in the desert "a descent into the perils besetting mankind". The Lord's greatest joy and glory is that we share his image and likeness through the obedience by which many shared his image and likeness through the obedience by which "many will be made righteous"

**Monday 23rd St Polycarp.** Polycarp was bishop of Smyrna was a disciple of Saint John the Evangelist. He was sent to be killed by a wild beast! Don't give up your struggles!

**Friday 27th St Gregory of Narek .** God doesn't take pleasure in the wicked but in the turning back of the those who are wicked!

Congratulations and best wishes forever to Fernanda Erlaya Sorto who received her First Holy Communion on Sunday. Isn't that wonderful? She will be confirmed soon.

**St Brigid's Feast on February 1st** Don't forget to put out her cross.

"I should like a great lake of finest ale for the King of Kings

I should like a table of choicest food for the family of heaven.

Let the ale be made from fruits of faith And food be forgiving love.

I should welcome the poor to my feast for they are God's children

I should welcome the sick for they are God's joy.

Let the poor sit with Jesus at the highest place,

And the sick dance with angels. "

**We will have Stations of the Cross every Friday during Lent.**

**Sacrament of Confirmation** will take place in Cappoquin Church on 26th of March at 12.30 pm.

**First Holy Communion in Modeligo: Saturday May 9th at 11 am**

**First Holy Communion in Cappoquin: Saturday May 16h11 am**

**Please pray for all those who have died**

Sheila Budds (nee Power), Kinsalebeg Youghal

Ned Ryan, Modeligo

May they all rest In Peace.